



Kangi - Darcha Trek 2018

No of days: 25 Days

Highest point: Singhela 5150 meters

Grade: Moderate to Challenging

Attraction places: Leh, Shey, Thikse , Hemis, Alchi, Lamayuru, Kangi, Kangi Dok, Yarma-la, Shillkong, Nigutse-la, Sirsir-la, Photoksar, singhela, Lingshed, Lingshed Monastery, Skupala, Hanumala, Phaphela, Karsha, Padum, Phuktal, Sking, Gonborangjon, Shingola, darcha, Rothangla, manali, Dharamsala.





Detail itinerary

Day 1. Arrival Leh. (3500 mtrs)

Zanskar Travel representative will Wel-Come you at Leh Airport and Drop you to Guest House Board. After that you will have a good sleep after a long fly. Rest of the day rest. Overnight in the guest house.

Day 2. Monastery visits. Shey-Thiksey and Hemis Festival. (3500 mtrs) .

Soon after a fine breakfast, you will head towards a lovely trip to the beautifully built Gompas, namely, Shey, Thiksey and Hemis. Shey Gompa is famous for the large image of seated Buddha Shakyamuni inside it, considered to be the largest metal statue and the second largest Buddha statue in the region of Ladakh. Thiksey Monastery is a twelve storeyed building with 10 temples and nunnery inside it. Hemis Gompa is the Ladakh's largest and richest Gompa, situated 48 km away from Leh. It is famous for a huge painting of Buddha which is displayed before the public only once in 11 years. After finishing the festival you will drive back to Leh. Overnight in the guest house.

Day 3. Morning after breakfast you will drive to Kangi with the Visiting of Alchi and Lamayuru Monastery. (4400 meters) 7 hours drive.

LAMAYURU GOMPA

The monastery was originally founded by the famous Indian scholar, Naropa (956-1041 AD). Allegedly, he caused a lake to dry up which had previously filled the valley. However, the oldest surviving building at Lamayuru is a temple called Seng-ge-sgang which is attributed to the famous monk-builder, Rinchen Zangpo. During the time when General Zorawar Singh, invaded Ladakh from Kashmir, the monks smuggled all the valuable works of art out of the monastery and hid them in the mountains until the invaders went back to Kashmir.

They then brought them back to the monastery and are there to this day. Lamayuru belongs to the Red Hat Sect of Buddhism, and in the past housed up to 400 lamas. Today there are about 50 lamas living here. In the 16th century Ladakh's king, Jamyang Namgyal, was cured of leprosy by a lama from Tibet. In gratitude, the king gave the gompa to this lama and also bestowed other privileges. No taxes were to be collected, and the area surrounding the monastery was declared a sanctuary where no-one could be arrested. This is why today Ladakh still refers to Lamayuru as Tharpa Ling, "the place of freedom".



ALCHI

The temples here are among the most important in the whole of Ladakh. They were built by the great translator, Rinchen Zangpo (958-1055 AD). The wall paintings are some of the oldest surviving in Ladakh, and it also has some massive statues of Buddha, which show Kashmiri influence in their artistic style. It is now a UNESCO World Heritage Site. It is quite fantastic to think that these incredible temples have survived a thousand years and escaped destruction by ravaging armies and the occasional Himalayan earthquake.

At last you will drive to Kangi village where the trekking staff are waiting for you. Overnight in the Camp.

Day 4. Trek Kanji – Kanji Dok (3/4 hrs)

After breakfast, start first day trek with easy walk along the right side of upstream river. After 2 hrs easy walk arrive at small hamlet where you find the campsite. The view of the valley and its stunning mountains from here is indescribable. Overnight at camp. (4100 m)





Day 5. Trek Kanji Dok – Yogma-la (4720 m) – Shillakong (5/6 hrs)

After breakfast, start trek for Shilakong. Enroute cross the Yogma-la Pass (4720 m), from the top of pass you have spectacular view of landscape. After staying few minutes at the top, gently descend down and then you arrive at the camp. Overnight stay at camp (4300 m)

Day 6. Trek Shillakong – Nigutse-la (5100 m) - Urtsi Dok (5/6 hrs)

After breakfast, continue trek to Urtsi Dok following the well defined and clear trek route on left bank of the river. After few hours of trek, you reach at the top of the Nigutse-la (5100 m). Cross the pass and then descend down in beautiful valley opening on an immense plain where you find many animals like sheeps, goats and Yaks etc. Overnight at Camp. (4500 m)

Day 7. Trek Urtsi Dok – Sirsir-la (4805 m)–Photoksar(4/5 hrs)

Today you cross several rivers, so it is advisable to carry some extra shoes in your bag. After breakfast, continue the trek with ascending the ridge. Descending down and crossing of river takes you to the pass Sirsirla(4805 m). Gentle and easy descent by following the good trek path to Photoksar. Evening explore the Photoksar village. Overnight at Camp. (4210 m)

Day 8. Trek Photoksar – Boumitse-la (4200m) –Base of Singey-la 4200 meters (6 hrs)

Post breakfast, trek. Today you have to cross one easy pass. Right from the camp, start ascend for few meter and then continue along the clear path beatiful view of village Photoksar, surrounding mountains and stunning gorge. Carry on ascending up to top of Boumitse-la from where you can directly see far flung Singela Pass. still about more than three hours trek from this point. Until the base of Singe-la, you have to cross several small streams so advisable to carry extra pair of stockings in case you get wet. Overnight in camp at base of Singe-La. (4450m)





Day 12. Trek Zingchen – Parfila (3900m) – Hanamur village (3610 meters) (6 hrs)

Start the trek along the downstream of the river up to the Stupa from where you start climb to the Parfila. Cross the pass, here on top of the pass, you have a amazing and lovely view of Landscape. You will see for the first time the Zanskar River on your left. The camp is another two hours in the tree grove of Hanamur village. Overnight at camp. (3610 m)

Day 13. Trek Hanamur – Pishu (3100 meters) (6 hrs)

From here the route goes across the Right Bank of the Zanskar River and on the way you pass through the village Pidmo and Pastureland. Here you may find some Yaks and domestic animals. After that you will continue till Pishu village. Overnight in the Pishu..

Day 14. Trek Pishu – Karsha (3400 meters) (5 hrs)

Morning after breakfast you will towards Karsha. The route will be easy day trek. On the way you will visit Rinam village. In the village visit Karsha Monastery. Overnight in the Camp.

Day 15. Trek Karsha – Padum (3300 meters) (5 hrs)

Easy day trek from Karsha. With decent from Karsha village towards zanskar river then continure towards Padum. On the way cross Ufti, Pibiting and Skitsherak village. Overnight in the Hotel..

Day 16. Free day in Padum. (3300 meters.)

Today is full free day for you. You will have full time for shower, washing the clothes, shopping. You will also find internet in Padum. Overnight in the Hotel.



**Day 17. Drive Padum to Ichar 1:30 hrs and trek to Anmoo 4 hrs.
(3700 meters).**

Morning after breakfast you will drive to Anmoo, It will take 1:30 hrs with the cover of 35 km.. On the way you will cross village like Mune, Raru, Ichar and Ichar. After that you will trek to Anmoo of 4 hrs. Overnight in the Camping.

Day 18. Trek Anmoo –Phuktal . (3800 meters) 5 hours.
This day you will trek to Phuktal Monastery of 5 hrs trek. On the way you will visit Cha Village. Usually it seen some wild animals like Ibex on the way. At the monastery you will visit the important secret rooms, have tea in monk room. Have lunch in the Monastery . Overnight in the Camp.





Day 19. Free day Phuktal Monastery.

You will have one day rest in Phuktal Monastery. Morning you will attend the Morning prayer of the Phuktal Monastery. And during day time you will visit important prayer hall of Monastery. Visit Phuktal Monastery school. Overnight in the Monastery.

Day 20. Trek Phuktal to Testa. 4 hours.

Morning after breakfast you will move toward Testa Village. Until the Purnee village it's the same Route. After you have to climb up for 15 minutes and arrive at yal Village then to . Overnight in the Camp.

Day 21. Trek Testa to Sking. 4 hours.

This day you will Trek to sking village (4hrs). On the way you will visit Kuru, Thangze and Thable Village. At afternoon you will arrive at Sking Village. You can visit the Village. It is really beautiful. You will have the dinner in my home.

Day 22. Stay in Sking (4200 meters).

You will have full one day to visit and study the real village life of Zanskar. You will visit lots of things like family work of fields, school, nomadic camp, local doctor called Amchi Tibetan medicine, to study to make chang local Beer, to study how to make Tsampa, its also possible to see local marriage. Etc.





Day 23. Trek Sking to base camp of Shingula.6 hours (4300 meters)

Trek Sking to Base Camp of Shingula. This day you will cross the last village of Zanskar called Kargyak its only 40 minutes walk from Sking village. After that you will see the famous Gonborangjon mountain. Its Triangle in Shape with beautiful colour. Near Gonborangjon you will cross little river and direct to Base camp. Over night in Camp.

Day 24. Trek Shingulabase to Ramjak (3900 meters) via Shingula (5050 meters)

This day you will cross Shingula which height is 5050metres. After one hour trek from Basecamp, You will arrive at Shingula top. Were you can find very beautiful scenery all around. And that all the way to decent 3 hrs to Ramjak. Overnight in the Camp.

Day 25. Trek Ramjak to Zanskar sumdo (3 hrs) and drive to Manali (2050 meters) via Rotangla (3980) (5 hrs).

Morning after breakfast you will Trek decent till Zanskar Sumdo. The duration of trek will be 3 hours and easy one at last you will cross Zanskar sumdo who is border of Zanskar and Himachal. At Zanskar Sumdo the taxi will wait for you and drive to Manali. The distance will be 167 Km. On the way you will cross many villages of Lahul valley. And on the way you will cross The famous Rothang pass. There are always heavy traffic and rain fall. Overnight in the Hotel in Manali.



Costs includes :

- * All the Taxi (A class Taxi) Airport pickup, Shey , Thiksey Hemis, Kanji drop with visit of lamayuru and Alchi , Drop to Anmoo, Darcha pick up and drop to Manali.
- * 1 English speaking guide for whole the tour Leh to Manali.
- * Guest house in Leh on Bed and breakfast basis.
- * Hotel in Manali on Bed, Breakfast and dinner basis.
- * During the trek (Kanji- Darcha trek): A professional cook, Horses, All the food, dome tent for sleeping with mattress, Kitchen tent with all Kitchen equipments, Toilet tent, Walki Talki, Oxygen cylinder, A safety kit bag for your luggage, Monastery fee, camping fee, Wild life fee, Innerline permits etc.

Costs excludes :

- * International and domestic flight tickets.
- * Extra drinks like coca, beer
- * Shopping and phone bill.
- * Tips.

List of Important things you need to bring while trekking in Ladakh

- * Sleeping Bags
- * Sun Screen / Lotion /cold cream
- * Walking Sticks, Down Jackets
- * Thermals, Water Bottle
- * Trekking Shoes , Hat, Gloves , Very very warm Jackets, Flesh light

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